

HOW TO TIE YOUR GAILA



The first time you wear your Gaila spend a few minutes shaping and adjusting it to your head and your own sense of fashion. It's easy once you get the hang of it.

- 1. Put the Gaila on your head with the tie ends in the back. It will seem large at first but once it is snugly tied it will fit perfectly.**
- 2. Cross the ties in the back, bring to the front and tie so that it is comfortable but snug.**
- 3. Make a bow or create your own design by twisting, poking and wrapping ties. Adjust the top and sides by crimping and patting the fabric into a shape you like.**

That's it! Wear your Gaila anyway you want – bow at the front, tied at the side, or tucked and neat. It's all about your personal style so express yourself and enjoy!

Visit our website for a video on tying instructions - www.gailafund.org



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